

Extra-curricular Policy

Date	Review Date	Contact
01.09.18	01.09.19	Principal

Newbury Hall recognises that valuable areas of learning and enrichment lie outside classroom learning and the core curriculum. We are active in promoting the development and expansion of our extracurricular provision.

Sport inspires teamwork and competition, leads to physical and mental well being and promotes self-esteem and pride.

The formation of clubs and societies leads to cooperation and social development, and allows students the opportunity to diversify their interests and explore new areas of achievement. Students are encouraged to take the initiative and gain independence by organising activities and events within the clubs and societies.

Extra-curricular activities

Extra-curricular activities take place on weekday evenings and weekends and consist of a wide range of team and individual sports.

Newbury Hall ensures that activities that are led by outside providers meet our own high standards in safety and pupil care, including DBS clearance. Risk assessments are in place for each activity/club, and a member of staff is always on the premises whilst the activity/club is taking place.

The enthusiasm and dedication of our students and staff to the extracurricular programme enables Newbury Hall to offer a broad range of varied activities. Students who wish to pursue an activity that we do not currently offer are encouraged to apply to the Principal to form a new group if they can gather the support of at least three other students.

PLACES

P = Physical/Performing

L = Leisure/Leadership

A = Activities/Arts

C = Culture/Creativity

E = Excursions/Experiences/Events

S = Sports/Socialising

We use the term PLACES to include all of the different activities, events and experiences that we offer our students outside the academic day.

PLACES are an integral part of Newbury Hall life and are a means of developing knowledge, positive attitudes, sportsmanship, and effective social skills. While these activities require as much time, careful planning, and supervision as academic subjects, the purpose is to enhance and extend student learning and experiences beyond the academic courses offered in the school.

As well as being enjoyable, there are a number of other benefits, including:

Learning time management and prioritising

Being involved in PLACES means that students will learn about time management and prioritising things in their life. As adults we get very used to juggling a variety of different tasks and commitments. Our students need to learn how to do this as well, and getting involved in PLACES can give them some authentic practice at it.

Getting involved in diverse interests

PLACES allow students to get involved in a wide range of activities. They not only have the opportunity to explore various interests that they may already have, but also to discover new ones.

Learning about commitments

Students learn about making and maintaining commitments when they are involved in PLACES, which is another excellent benefit. When they join one of the activities or clubs, they commit themselves to that activity for a period of time. Learning to take on commitments is important, and these activities can teach our students this important lesson.

Making a contribution

PLACES can allow a student to make a contribution in some way. It shows that they are getting away from just thinking about themselves and contributing to something else. This is important in their growth as a person.

Raising self esteem

PLACES can help to raise the self esteem of our students. There are some students that may feel worthless or that there is nothing they are good at. They can struggle with self esteem, and PLACES are a way that they can build confidence and belief in themselves. Everyone wants to find something that they are really good at, and PLACES provide them with a way that they can get involved in something and really shine, giving their self esteem a boost.

Building social skills and cultural awareness

Students will have the benefit of honing their relationship skills as well when they get involved in PLACES. They will get involved in social and cultural activities and learn how to act appropriately in these situations.

Signed:

Date: 01/09/18



**Jon Crocker
Principal**